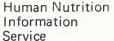
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Belcrest Road Hyattsville, Maryland 20782

## Cost of Food at Home Estimated for Food Plans at Four Cost Levels, August 1988, U.S. Average

	Cost for 1 week				Cost for 1 month			
Sex-age groups	Thrifty plan	Low-cost plan	Moderate- cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate- cost plan	Liberal plan
FAMILIES	Dollars				Dollars			
FAMILY OF 2: <sup>2</sup> 20-50 years 51 years and over	42.20 40.00	53.30 51.20	65.90 63.40	81.80 75.90	183.30 173.60	230.80 221.90	285.30 274.20	354.70 328.80
FAMILY OF 4: Couple, 20-50 years and children 1-2 and 3-5 years 6-8 and 9-11 years	61.50	76.70 90.20	93.80 112.80	115.30 136.00	266.70 306.10	332.10 390.30	406.40 488.90	499.70 589.60
INDIVIDUALS <sup>3</sup>	3.							
CHILD: 1=2 years 3=5 years 6=8 years 9=11 years	11.10 12.00 14.70 17.50	13.50 14.70 19.50 22.20	15.70 18.20 24.40 28.50	19.00 21.90 28.50 33.10	48.10 52.00 63.80 75.70	58.40 63.90 84.50 96.00	68.10 78.90 105.90 123.60	82.30 94.90 123.60 143.50
MALE: 12-18 years 15-19 years 20-50 years 51 years and over	8.120 9.8590 20.20 18.40	25.10 26.00 25.80 24.50	31.40 32.20 32.30 30.30	36.80 37.40 39.10 36.30	78.80 81.80 87.60 79.70	108.90 112.50 111.60 106.30	136.10 139.60 140.00 131.10	159.60 162.20 169.50 157.30
FEMALE: 12-19 years 20-50 years 51 years and over	18.10 18.20 18.00	21.70 22.70 22.00	26.40 27.60 27.30	31.90 35.30 32.70	78.40 79.00 78.10	94.10 98.20 95.40	114.30 119.40 118.20	138.30 153.00 141.60

Assumes that food for all meals and snacks is purchased at the store and prepared at home. Estimates for the thrifty food plan were computed from quantities of foods published in Family Economics Review (1984 No. 1). Estimates for the other plans were computed from quantities of foods published in Family Economics Review (1983 No. 2). The costs of the food plans are estimated by updating prices paid by households surveyed in 1977-78 in USDA's Nationwide Food Consumption Survey. USDA updates these survey prices using information from the Bureau of Labor Statistics: "CPI Detailed Report", table 4, to estimate the costs for the food plans.

<sup>&</sup>lt;sup>2</sup>Ten percent added for family size adjustment. See footnote 3.

<sup>&</sup>lt;sup>3</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person--add 20 percent; 2-person-- add 10 percent; 3-person--add 5 percent; 5- or 6-person--subtract 5 percent; 7- or more- person--subtract 10 percent.





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